



# Intro to Speedskating



**NORTH BUFFALO RINK**  
**156 TACOMA AVE, BUFFALO, NY**

**Thursday, February 19th**  
**4:30 pm - 6:00 pm**

**Sunday, February 22nd**  
**3:00 pm - 4:30 pm**



Join us for a  
Intro to Speedskating  
Group Lesson!

We provide: speed skates,  
knee pads, neck guard  
and coaching instruction.

You bring gloves and your  
helmet (bike or hockey)



**\$15 - all ages are welcome**  
**Scan the link now to**  
**reserve your spot!**

<https://form.jotform.com/bscskate/intro-to-speedskating-registration>

**BUFFALO SPEEDSKATING CLUB**

TO FIND OUT MORE • (716)427-3435  
[www.buffalospeedskating.org](http://www.buffalospeedskating.org)  
[info@buffalospeedskating.org](mailto:info@buffalospeedskating.org)



@buffalospeedskating

BuffaloSpeedSkatingClub