



Buffalo Short Track Championships



October 25-26, 2025
The Northtown Center at Amherst

Buffalo
Short Track
Championships 2025

The Northtown Center at Amherst
1615 Amherst Manor Drive
Williamsville, NY 14221
October 25 - 26, 2025

Hosted by:
Buffalo Speedskating Club



Henry Withers - Meet Director
Alan Jay - Assistant Meet Director
Doug Lipka - BSC President

Welcome to the 11th annual Buffalo Short Track Championships and Heartland #1

If you have any questions or need assistance, please ask a Meet volunteer or contact our Meet Director Henry Withers at 315-440-6764

The Northtown Center

First floor:

- **Check-in and t-shirt pick up**
- **Skater changing rooms**
- **Skater ice access**
- **Coaches Box**
- **First Aid room**
- **Officials/Volunteers Locker Room**
- **Snack Bar**



**Note: Parents of young skaters are allowed in the family changing room.
Only skaters and officials are allowed in heat box area.**

Second floor:

- **Spectator viewing area**
- **Warm-up stationary bicycles**
- **Skybox Grille restaurant**
- **Photo background**
- **Garden State Speedskating's Team Tony Table - in support of Coach Tony Goskowicz**
- **Awards Ceremony:
Sunday at the conclusion of racing
(approximately 2:20pm)**



Online Meet Information

Short Track Speed Skating Live



Program Schedule / Heat Assignments / Race Results

Live Mode Automatically Updates Every 3 Minutes

Follow Along On Any Internet Enabled Device

www.shorttracklive.info

Shorttracklive - Buffalo Meet



Northtown Center



WiFi Network Name

Northtown Center Public

To connect, log on and follow the instructions. No password required.

Schedule

Check-in: Friday 10/24 - 6:00pm - 8:00pm

Check-in will take place at the Northtown Center (downstairs lobby outside of the Olympic rink) on Friday the 24th from 6:00pm to 8:00pm only. **If you are unable to check-in, please arrange to have your coach, teammate, or another appropriate person check in for you. There is no Saturday check-in.**

Please bring your skates to the check-in table even if you are not skating during the practice session on Friday night as officials will be inspecting the tip radius of your blades. If you plan to use a cut suit with built-in neck protection, please bring it to the check-in table for approval.

Friday, 10/24

Practice Ice: Note: Skaters should be outside of the heat box and ready to go 5 minutes prior to their practice time.

7:00pm - 7:15pm - Div.10 Purple Eagles & Div.11 Bulls & Div.12 Bisons & Div.13 Sullivans

7:20pm - 7:35pm - Div.8 Northtown & Div.9 Southtown

7:40pm - 7:55pm - Div. 5 Wings & Div. 6 Bills & Div. 7 Sabres

8:00pm - 8:15pm - Seniors

8:20pm - 8:35pm - Div.1 Heartland Women A & Div.2 Heartland Women B

8:40pm - 8:55pm - Div.3 Heartland Men A & Div.4 Heartland Men B

Saturday, 10/25

National Anthems at 7:30am

Racing begins at 7:45am



Sunday, 10/26

Racing begins at 7:45am

Awards Ceremony - at the conclusion of racing (approximately 2:20pm)



Heartland

We are proud to be part of the Heartland Racing Series. A season-long circuit of short track speed skating open class races to develop passion and skills for racing.

US Speedskating Midwest Champion: The overall Heartland points winners (men and women) will be awarded the US Speedskating Midwest Champions. US Speedskating will present the winners with awards and recognition through US Speedskating communications

Keep up to date on the HRS - Info, Photos, Results at:
www.facebook.com/Heartlandracing



Meet Format

The format of the Meet is a two-round progression, one heat, and a final for all skaters. The number of finals is based on the number of skaters in the heats. Progression to finals will be determined by the number of skaters in each group and then by position and next fastest. The Super Events are based on overall points. All athletes will skate in a Super, (A, B, C...) for their longest distance.

Divisions/Groups/Events: Events not run in order. Events and groups are subject to change based on scheduling considerations.

Heartland:

Div.1 Women A: --- 500M / 500M / 1000M / Super 1500M
Div.2 Women B: --- 500M / 500M / 1000M / Super 1500M
Div.3 Men A: --- 500M / 500M / 1000M / Super 1500M
Div.4 Men B: --- 500M / 500M / 1000M / Super 1500M

Ability:

Div. 5 Wings:----- 500M / 500M / 1000M / Super 1500M
Seniors: ----- 500M / 500M / 777M / Super 1000M
Div. 6 Bills: ----- 333M / 500M / 777M / Super 1000M
Div. 7 Sabres: -----333M / 500M / 777M / Super 1000M
Div. 8 Northtown: ----222M / 333M / 500M / Super 777M
Div. 9 Southtown:----222M / 333M / 500M / Super 777M
Div.10 Purple Eagles:-222M / 333M / 500M / Super 7 Laps
Div.11 Bulls: ----- 222M / 333M / 500M / Super 7 Laps
Div.12 Bisons:-----222M / 333M / 500M / Super 4 Laps
Div.13 Sullivans: -----222M / 333M / 500M / Super 4 Laps

Note: The Purple Eagles, Bulls, Bisons and Sulivans will skate their Super Finals on a modified version of the 111.12m track with shortened straightaways but the same turn radius.

Qualifying Rounds (Heats) (Lane Position)

The Competitors Steward uses software to randomly assign lane numbers for the first qualifying round. For subsequent rounds, lane positions are based on the results of the previous round.



Team Trophy & Individual Medals

The Team Trophy will be presented to the team with the most overall points. Points are awarded to the top 4 places of the A finals. 1st place gets 5 points, 2nd gets 3, 3rd gets 2, and 4th gets 1. Should there be a tie, the tie breaker will be the team with the most 1st places finishes.

Awards will be given to the first, second and third place finishers overall in each division (male and Female), determined by place/points. Points are awarded for each final as indicated in the table below. If there are A and B finals the B skaters are placed after the A skaters.

Place	Points	Place	Points	Place	Points
1	100	24	2.9	47	0.27
2	85	25	2.6	48	0.24
3	72.2	26	2.4	49	0.21
4	61.4	27	2.1	50	0.19
5	52.2	28	1.9	51	0.18
6	44.3	29	1.7	52	0.17
7	37.7	30	1.5	53	0.16
8	32	31	1.4	54	0.15
9	27.2	32	1.2	55	0.14
10	23.1	33	1.1	56	0.13
11	19.6	34	1	57	0.12
12	16.7	35	0.9	58	0.11
13	14.2	36	0.8	59	0.1
14	12	37	0.7	60	0.09
15	10.2	38	0.68	61	0.08
16	8.7	39	0.62	62	0.07
17	7.4	40	0.55	63	0.06
18	6.3	41	0.5	64	0.05
19	5.3	42	0.45	65	0.04
20	4.5	43	0.4	66	0.03
21	4.1	44	0.36	67	0.02
22	3.6	45	0.33	68	0.01
23	3.3	46	0.29		

Congratulations!

**Overall Team Winner of the
2024 Buffalo Short Track
Championships
Potomac Speedskating Club**



**Good Luck to all
189 registered athletes, and 36 clubs
represented in this year's Meet**



Good Luck to all Buffalo Speedskating Club Athletes

**From Coaches - Julie, Nathalie,
Alan, Necole & Henry**

**Parker
Rutz**



**Amaliia
Bushareb**



**Oscar
Cross**



**Mili
Krishna**



**Alexander
Bauer**



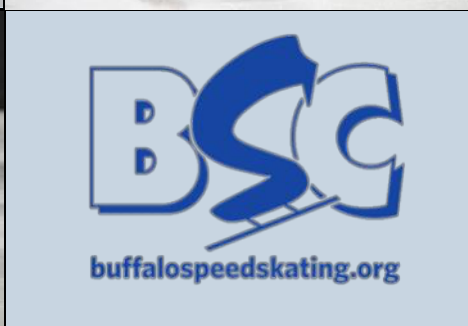
**Magdalena
Cerrone**



**Sage
Krishna**



**David
Matthew**



HEARTLAND RACING SERIES

2025-26



**Go to the start and
get ready for the
Heartland Racing**

The HRS is a season-long circuit of six short track open class competitions. The series is hosted by some of the most popular and established meets in the U.S. and runs alongside their other racing divisions.

Qualification: The HRS is open to qualified Juniors, Seniors, and Masters from anywhere in the United States as well as skaters from Canada and other ISU member countries. To qualify, skaters must be at least 12 years old (as of 7/1/25) and meet the qualifying 1000m time of 1:48.0 for men and 1:58.0 for women. Skaters not eligible are encouraged to enter the appropriate age class or ability division offered by the meets hosting the Heartland Series races.

Format: Skaters will compete in at least three Distances - 500m, 1000m, and 1500m. Competitors will skate a minimum of two races per distance, a qualifier and a final, except for the 1500m which may be run as a super final. Meets are encouraged to include a 4th distance of 777m if their schedule permits. Depending on the number of Heartland registrants and at the discretion of the hosting Meet Director, the division may be divided into Heartland A and Heartland B based on a roughly 50/50 split of submitted times. The ISU "Zero False Starts" rule applies to all Heartland races.

Points: Skaters will earn final points based on the standings in each distance. The point totals from each distance from the skater's best 3 meets in the Series will be summed together to create the overall Series ranking in each distance and the all-around category. A ranking by time in each distance will also be kept. A skater can compete in more than 3 Heartland meets during the season and use the results from the best 3 meets for overall Series ranking.

US Speedskating Midwest Champion: The overall points winners (men and women) will be awarded the US Speedskating Midwest Champions. US Speedskating will present the winners with awards and recognition through US Speedskating communications.

The series is organized based on ISU rules except as stated in the Heartland Rules and Regulations.

Keep up to date on the HRS - Info, Photos, Results at:
www.facebook.com/Heartlandracing

Acting Director: Henry Withers - Henry@Buffalospeedskating.org



Photo credit: Alan Jay

Series Schedule

Buffalo Short Track Championships

Buffalo, NY - Oct 25-26, 2024 HRS #1

Hosted by: Buffalo Speedskating Club
www.buffalospeedskating.org/buffalo-meet

Great Lakes Short Track Speedskating Championships

Milwaukee, WI - Nov 15-16, 2025 HRS #2

Hosted by: Wisconsin Speed Skating Club
www.wispeedskating.com

Ohio Invitational

Cleveland Heights, OH - Dec 6-7, 2025 HRS #3

Hosted by: Ohio Speedskating Association
www.ohiospeedskating.com

Badger International Short Track Meet

McFarland, WI - December 14, 2025 HRS #4

Hosted by: Madison Speed Skating
www.madisonspeedskatingclub.org

Empire State Winter Games Short Track

Lake Placid, NY - February 7-8, 2025 HRS #5

Hosted by: Adirondack Sports Council
www.empirestatewintergames.com

Land of Lincoln Short Track Championships

Champaign-Urbana, IL - March 7-8, 2025 HRS #6

Hosted by: Champaign Regional Speedskating
www.champaignregionalspeedskating.org



**EMPIRE STATE
WINTER GAMES**



Community Bank

Adirondack Speedskating
www.adirondackspeedskating.org

TRIO OF CAMPS

- **Winter athletes training in summer camps in Lake Placid benefit from access to world-class venues, high-level coaching, specialized strength and conditioning programs, and year-round training facilities. This unique environment allows athletes to hone their skills and improve their fitness during the off-season.**

Camp 1 May 22 - 25, 2026

Camp 2 July 24 - 26 2026

Camp 3 Masters Aug 14-16 2026
Juniors August 17-22 2026





Buffalo

IS BUILT FOR GAME DAYS

In Buffalo, sports feel bigger because the city shows up for them. From the first planning call to the final whistle, our team is in your corner. We'll help you find the right facility, connect with local partners, and create an experience athletes and fans won't forget.

Off the field, Buffalo delivers a backdrop you won't find anywhere else – century-old architecture, reimagined grain silos, world-famous wings and a community that brings big-league passion with hometown warmth. It's that mix of grit, creativity and genuine welcome that makes events here unforgettable.

THAT'S BUFFALO FOR YOU

Plan your next victory at [BUFFALOSPORTSCOMMISSION.COM](https://buffalosportscommission.com)

Buffalo
SPORTS
COMMISSION

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Thank You For Your Generous Support!



US SPEEDSKATING



Thank you!

We would like to thank all of our skaters and their families for being a part of the Buffalo Short Track Speedskating Championships.

Thanks to the members and friends of the Buffalo Speedskating Club for volunteering their time and energy to make the meet a success!

Thanks to Brad Waltz and the staff at the Northtown Center. Your professionalism, skill, and enthusiasm makes working with you all a great pleasure.

Thanks to James Adler and the Buffalo Sports Commission for their generous support.

Finally, thanks to our friends from throughout the speedskating community who come together to make the meet possible. Our officials, clerks, timers, starters, judges, ice crew, runners, pad installers, ice markers, and so many more! The meet could not happen without you.

Supervising Meet Personal

Meet Director - Henry Withers
Assistant Meet Director - Alan Jay
Chief Referee - Thomas Porter
Chief Starter - Tom Conley
Head Timer - Judy Gehring
Competitor Steward - Tom Miller
Chief Judge - Elizabeth Withers
Chief Track Steward - Tim Howell
Lap Counter - Randy Sears
Chief Heat Box Steward - TBD
Head Announcer - Doug Lippa

A special thanks to Tom Miller

In addition to clerking our meets, Tom has been instrumental in an advisory role. From our very first meet in 2014, Tom has been there, helping to ensure our continued success. Thanks Tom!

BSC Board and Coaches

Doug Lippa - President
Necole Zayatz - Vice President / Coach (Level 1)
Christina Pielechowski - Treasurer
Casey Smith - Secretary
Roy Clay - Director
Henry Withers - Director / Coach (Level 1)
Krishna Sundaram - Director
Nathalie Rodrigue-Hasselback - Director / Coach (Level 2)
Julie Gehring - Coach (Level 2)
Alan Jay - Coach (Level 1)



Photo Credit:

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Buffalo Niagara Sports Commission



Buffalo Short Track Championships
www.buffalospeedskating.org/buffalo-meet